

PERFORMANCE

Processor

AMD Ryzen™ 7 PRO 250 (8C / 16T, 3.3 / 5.1GHz, 8MB L2 / 16MB L3)

AI PC Category^[1]

AI PC

NPU

Integrated AMD Ryzen™ AI, up to 16 TOPS

Graphics

Integrated AMD Radeon™ 780M Graphics

Chipset

AMD SoC Platform

Memory

2x 16GB SO-DIMM DDR5-5600

Memory Slots

Two DDR5 SO-DIMM slots, dual-channel capable

Max Memory^[2]

Up to 64GB DDR5-5600

Storage

512GB SSD M.2 2280 PCIe® 4.0x4 NVMe® Opal 2.0

Max Storage Support^[3]

One drive, up to 2TB M.2 2280 SSD

Storage Slot

One M.2 2280 PCIe® 4.0 x4 slot

Card Reader

None

Audio Chip

High Definition (HD) Audio, Realtek® ALC3287 codec

Speakers

Stereo speakers, 2W x2, optimized with Dolby Atmos®

Camera

5.0MP + IR Discrete with Privacy Shutter

Microphone

2x, Array

Battery

46.5Wh

Power Adapter

65W USB-C® (3-pin)

DESIGN

Display^[4]

14" WUXGA (1920x1200) IPS 400nits Anti-glare, 45% NTSC, 60Hz, DBEF5

Touchscreen

None

Keyboard

Backlit, English

Case Color

Black

Case Material

PC-ABS (Top), PC-ABS (Bottom)

Pen

Pen Not Supported

Dimensions (WxDxH)^[5]

313.7 x 226 x 11.39/17.31 (front/rear), 22.9 (maximum) mm; 12.35 x 8.90 x 0.45/0.68 (front/rear), 0.90 (maximum) inches

Weight^[6]

Starting at 1.38 kg (3.05 lbs)

SOFTWARE

Operating System

Windows® 11 Pro, English (US) / English (UK)

Bundled Software

Lenovo® AI Now

CONNECTIVITY

WLAN + Bluetooth^[7]

MediaTek Wi-Fi® 7 MT7925, 802.11be 2x2 + BT5.4

WWAN

Non-WWAN

SIM Card

None

Ethernet

100/1000M (RJ-45)

NFC

None

Standard Ports

- 1x USB-A (Hi-Speed USB / USB 2.0)
- 2x USB-A (USB 5Gbps / USB 3.2 Gen 1), one Always On
- 2x USB-C® (Thunderbolt™ 4 / USB4® 40Gbps), with USB PD 3.1 and DisplayPort™ 1.4a
- 1x HDMI® 2.1, up to 4K/60Hz
- 1x Headphone / microphone combo jack (3.5mm)
- 1x Ethernet (RJ-45)

Optional Ports (configured)

None

Docking

Various docking solutions supported via Thunderbolt™.

For more compatible docking solutions, please visit [Docking for ThinkPad® L14 Gen 6 \(AMD\)](#)

SECURITY & PRIVACY

Smart Card Reader

None

Security Chip

Discrete TPM 2.0 Enabled

Fingerprint Reader

Touch Style, Match-on-Chip, Integrated in Power Button

Physical Locks

Kensington® Nano Security Slot™, 2.5 x 6 mm

Other Security

- Camera privacy shutter
- IR camera for Windows® Hello (facial recognition)

MANAGEABILITY

System Management

DASH

SERVICE

Base Warranty

1-year, Courier or Carry-in

Included Upgrade

3Y Onsite upgrade from 1Y Courier/Carry-in, CO2 Offset 0.5 ton (2nd Generation Carbon Offset Projects)

ACCESSORIES

Bundled Accessories

None

CERTIFICATIONS

Green Certifications^[8]

- ENERGY STAR® 9.0
- EPEAT™ Gold Registered
- ErP Lot 6/26
- RoHS compliant
- TCO Certified 10.0

Mil-Spec Test

MIL-STD-810H military test passed

MODEL

TopSeller : Yes **Announce Date** : 2025-06-23

EAN / UPC / JAN : 198158438742 **End of Support** : 2032-01-23

Note:

[1] AI PCs have a NPU capable of 10+ TOPs to run the Copilot assistant by pressing the optional Microsoft Copilot key or using Win + C.

[2] The max memory is based on the test results with current Lenovo memory offerings.

[3] The storage capacity supported is based on the test results with current Lenovo storage offerings.

[4] IPS (in-plane switching) technology may refer to IPS,.....

· Lenovo reserves the right to change specifications without notice.

To see more note information, please access the [web page](#).

Premier Support - A direct 24x7x365 line to our most elite technicians.



Advanced technical support, 24x7x365, in more than 100 markets



Technical Account Managers for proactive relationship and escalation management



Comprehensive hardware & OEM software support



Priority on service delivery and repair parts



Single point of contact for simplified end-to-end case management



Lenovo Service Connect Portal for customized reporting and product support

Accidental Damage Protection - Protection of your PC from the unexpected.

Experience shows that a significant portion of devices may be damaged (and not covered under warranty) in the first three years. Lenovo's Accidental Damage Protection service covers accidents beyond the system warranty such as drops, spills, bumps and even electrical surges. Make sure your new device has maximum protection, avoid unplanned costs and get peace of mind.

Base Warranty - Included with the systems you purchase, default 1- or 3-year coverage window.

Warranty Extensions & Upgrades - Service and protection that's right for your circumstances.

- Pick Up & Return Courier
- Onsite Support
- Technician Installed Customer
- Replaceable Unit Service
- International Warranty Upgrade

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Recommended Accessories



ThinkPad Universal USB-C Dock

40AY0090US

THE SMARTER WAY TO WORK Introducing the ThinkPad Universal USB-C Dock. This advanced, universally compatible one-cable docking solution lets you work smarter, not harder. It comes with a vast array of ports, next-gen ...

Recommended Services

BEST	4Y Premier Support Plus upgrade from 3Y Onsite CPN (5WS1L42228)
BETTER	3Y Premier Support Plus upgrade from 3Y Onsite (5WS1L42398)
GOOD	3Y Premier Support Upgrade from 3Y Onsite (5WS0U26641)

Please click [here](#) to view the full list of accessories.



PSREF
Product Specifications
Reference